



NUT ALLERGY POLICY

RATIONALE

- An increase in nut allergies reported to the school in the past few years.
- Allergic reactions vary from mild – moderate – severe (Anaphylaxis) which can lead to blockage of airways and sudden death.

AIMS

- Ensure the School is a safe, nut-free environment.
- Ensure compliance within the Park House School Community to protect the health and welfare of our students with nut allergies.

PROCEDURES

- The entire School (EYFS, Primary & Secondary) is a **NUT FREE ZONE**.
- Park House has a **ZERO NUT** policy, which includes all nut-based products including spreads with nut content. This also includes products that **may contain traces of nuts**.
- This is also the case at school events when food is brought in from home such as International Day.
- Children are prohibited from sharing food.
- Any nut-based products sent into School should be confiscated by a member of staff.
- If a child brings a gift for an adult into the school that contains nuts or traces of nuts, this must be removed from school premises before it is opened. Students should be politely reminded that these gifts should not be brought into school.
- Parents of children with an allergy to nuts will be instructed to provide the Nursing team with their child's own emergency provisions and medications (including Epi-pens and Antihistamines) to be used in the event of an allergic reaction or Anaphylaxis in School.
- STAFF ONLY: If you observe symptoms of an allergic reaction or there is an individual who is known to suffer a nut allergy and is reporting an allergy attack, contact the Nursing team immediately and await further instruction.
- STAFF ONLY: Please familiarise yourselves with the Park House algorithm for Anaphylaxis and instructions on how to use an Epi-pen Autoinjector.