HOT FOOD MENU Mar 11th to 15th - Week 2					
	Sunday	Monday	Tuesday	Wednesday	Thursday
MEAT	**Thinly Sliced Beef with Mushrooms** Beef simmered gently with mushrooms and parsley	**Beef Stew with Feta cheese and Olives**	**Beef and Vegetable Casserole**	**Beef Stew with Green Beans**	**Beef Spanish Caldereta**
CHICKEN	**BBQ Chicken Breast with caramelized Pineapple**	**Chicken Kadai** (not spicy)	**Fried Chicken with Garlic Sauce**	**Chicken Picatta with Tomato Herb Sauce**	**Chicken Tikka Masala**
VEGETARIAN	**Vegetable Frittata** Sautéed vegetables fold in cream and egg, baked till golden brown	**Moroccan Vegetable Tagine** (yellow color)	**Vegetable Jalfrezi**	**Aloo Palak** (not spicy)	**Eggplant Parmigiana** An Italian dish made with a shallow sliced eggplant filling, layered with cheese and tomato sauce, then baked.
PASTA	**Fusilli Pasta in Red Sauce**	**Pasta Vincenzo** Pasta in creamy mushroom sauce with green peas	**Spaghetti with Vegetables** Spaghetti tossed with vegetables, garnished with quarter roast tomatoes	**Lasagna**	**Pasta in Pink Sauce**
VEGETABLE	**Seasonal Garden Vegetables**	**Carrot, Corn and green peas**	**Buttered Broccoli and Corn**	**Cauliflower Casserole**	**Sautéed Carrots and Green peas**
RICE	**Steamed White Rice**	**Steamed White Rice**	**Garlic Rice**	**Steamed White Rice**	**Steamed White Rice**
POTATO	**Roast Potato Wedges**	**Mashed Potato**	**Boiled Potato**	**Mashed Potato**	**Lyonnaise Potato** Sliced boiled potato and sliced caramelized onion, sautéed in butter with chopped garlic

** Please note that there may be some variation in menu item as per market availability
** We recommend pre-ordering your hot meal for the entire week. Pre-Ordering sheet available with our Supervisor.
*** Wholesome and Healthy lunch box choice now comes to you at **QR 20 only per day**

Your Suggestion and Feedback is important to us, we would like to hear it. Please ask for suggestion forms available with our Canteen Supervisor